

# RSE (Relationships & Sexuality Education)

Dear Parents,

The Department of Education and Skills requires all schools to teach RSE (Relationships and Sexuality Education) and to have an RSE Policy. This policy ensures that RSE is taught in a way that reflects the core values and ethos of our school.

As a parent, you are the first and most important teacher of your child when it comes to relationships and sexuality. A school based RSE Programme complements and supports what children are learning at home.

At primary level, RSE aims to help children learn, at home and in school, about their own development and about their friendships and relationships with others. This work will be based on developing a good self-image, promoting respect for themselves and others and providing them with appropriate information.

During the week of 23<sup>rd</sup> -27<sup>th</sup> May classes from Junior Infants to 4<sup>th</sup> class will receive an RSE lesson on new life/birth.

All lessons are appropriate to the child's age and understanding.

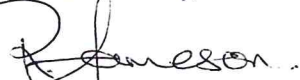
Lesson plans can be accessed on the [www.pdst.ie/node/811](http://www.pdst.ie/node/811) (link on website).

Below are the relevant themes for Junior Infants to 4<sup>th</sup> Class.

|                              |  |
|------------------------------|--|
| <b>Junior Infants:</b>       | Theme 7: <b>New Life</b> pg 67<br>Suggestions for Parental Involvement pg 74/75            |
| <b>Senior Infants:</b>       | Theme 7: <b>My Body</b> pg 147<br>Suggestions for Parental Involvement pg 65               |
| <b>1<sup>st</sup> Class:</b> | Theme 6: <b>Wonder of New Life</b> pg 59<br>Suggestions for Parental Involvement pg 65     |
| <b>2<sup>nd</sup> Class:</b> | Theme 6: <b>Wonder of New Life</b> pg 151<br>Suggestions for Parental Involvement pg 160   |
| <b>3<sup>rd</sup> Class:</b> | Theme 6: <b>Preparing for New Life</b> pg 69<br>Suggestions for parental Involvement pg 77 |
| <b>4<sup>th</sup> Class:</b> | Theme 6: <b>Wonder of New Life</b> pg 169<br>Suggestions for Parental Involvement pg 181   |

We would appreciate it if you would read the sections appropriate to your child's class and discuss these topics with him/her before it is taught in class.

Yours sincerely,



Robbie Jameson  
Principal



Claire Power  
RSE Co-ordinator