

RSE (Relationships & Sexuality Education)

Dear Parents,

The Department of Education and Skills requires all schools to teach RSE (Relationships and Sexuality Education) and to have an RSE Policy. This policy ensures that RSE is taught in a way that reflects the core values and ethos of our school.

As a parent, you are the first and most important teacher of your child when it comes to relationships and sexuality. A school based RSE Programme complements and supports what children are learning at home.

At primary level, RSE aims to help children learn, at home and in school, about their own development and about their friendships and relationships with others. This work will be based on developing a good self-image, promoting respect for themselves and others and providing them with appropriate information.

During the year, all classes will receive an RSE lesson on new life/birth. Accord facilitators will present this programme to 5th & 6th classes.

All lessons are appropriate to the child's age and understanding.

Lesson plans can be accessed on www.pdst.ie/node/811 (link on website)

Below are the relevant themes for Junior Infants to 4th class.

Junior Infants: Theme 7: New Life pg 67
Suggestions for Parental Involvement pg 74/75

Senior Infants: Theme 7: My Body pg 147
Suggestions for Parental Involvement pg 155/156

1st Class: Theme 6: Wonder of New Life pg 59
Suggestions for Parental Involvement pg 65

2nd Class: Theme 6: Wonder of New Life pg 151
Suggestions for Parental Involvement pg 160

3rd Class: Theme 6: Preparing for New Life pg 69
Suggestions for Parental Involvement pg 77

4th Class: Theme 6: Wonder of New Life pg 169
Suggestions for Parental Involvement pg 181

5th & 6th Classes: Programme available to view in school or on school website.

We would appreciate it if you would read the sections appropriate to your child's class and discuss these topics with him/her before it is taught in class.

Yours sincerely,

Robbie Jameson
Principal

Claire Power
RSE Co-ordinator