

5th Class

ACCORD Dublin Schools Programme

St. Kevin's, Monastery Road, Clondalkin, Dublin 22 Tel; (01) 459 5226

RELATIONSHIP PROGRAMME FOR 5TH CLASS - PRIMARY SCHOOL

This is a one day programme presented by trained facilitators to groups of young people in 5th class primary schools.

The aims of the programme are:

- To give clear, correct information about the changes that take place at this time of transition at a spiritual, intellectual, emotional and physical level.
- To encourage healthy Christian relationships.
- To help them question what they see around them, and to discern between good and bad choices.
- To encourage a good sense of self.

1st Module: Deals with growing up and the changes that happen at an emotional, mental and spiritual level. It looks at the whole person and deals with areas such as friendship/relationship and love.

2nd Module: Deals with the physical changes in a manner appropriate to their age group. Allowing the children time for questions and discussion.

3rd Module: Examines the fears and hopes that young people experience and explores new ways of dealing with these pressures.

We hope, at the end of the day to have left the students with a better awareness and understanding of their own sexuality, thus encouraging a more positive attitude to growing up and a greater insight into relationships, both now and in the future the future.

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