## **RSE** (Relationships & Sexuality Education)

Dear Parents,

The Department of Education and Skills requires all schools to teach RSE (Relationships and Sexuality Education) and to have an RSE Policy. This policy ensures that RSE is taught in a way that reflects the core values and ethos of our school.

As a parent, you are the first and most important teacher of your child when it comes to relationships and sexuality. A school based RSE Programme complements and supports what children are learning at home.

At primary level, RSE aims to help children learn, at home and in school, about their own development and about their friendships and relationships with others. This work will be based on developing a good self-image, promoting respect for themselves and others and providing them with appropriate information.

During the week of May  $18^{th} - 22^{nd}$ , all classes will receive an RSE lesson on new life/birth. Accord facilitators will present this programme to  $5^{th}$  &  $6^{th}$  classes.

All lessons are appropriate to the child's age and understanding.

Lesson plans can be accessed on <a href="www.pdst.ie/node/811">www.pdst.ie/node/811</a> (link on website)

Below are the relevant themes for Junior Infants to 4<sup>th</sup> class.

**Junior Infants:** Theme 7: New Life pg 67

Suggestions for Parental Involvement pg 74/75

**Senior Infants:** Theme 7: My Body pg 147

Suggestions for Parental Involvement pg 155/156

**1<sup>st</sup> Class:** Theme 6: Wonder of New Life pg 59

Suggestions for Parental Involvement pg 65

2<sup>nd</sup> Class: Theme 6: Wonder of New Life pg 151

Suggestions for Parental Involvement pg 160

**3<sup>rd</sup> Class:** Theme 6: Preparing for New Life pg 69

Suggestions for Parental Involvement pg 77

**4<sup>th</sup> Class:** Theme 6: Wonder of New Life pg 169

Suggestions for Parental Involvement pg 181

**5**<sup>th</sup> **& 6**<sup>th</sup> **Classes:** Programme available to view in school or on school website.

We would appreciate it if you would read the sections appropriate to your child's class and discuss these topics with him/her before it is taught in class.

Yours sincerely,

Robbie Jameson Claire Power

Principal RSE Co-ordinator